



Milwaukee County Senior Meal Program

ASIAN AMERICAN COMMUNITY CENTER, 120 N. 73rd Street

PHONE: (414) 258-2410

March

2014

TUESDAY	THURSDAY	FRIDAY
3/4/14	3/6/14	3/7/14
Poached Chicken Eggplant with Ground Pork Stir Fry Romaine Lettuce Steamed Rice Oatmeal Cookie	BBQ Pork Butternut Squash with Dried Shrimp Pan Fried Tofu with Green Peas Steamed Rice Fresh Orange	Pan Fried Fish Taro Root with Pork Riblets Stir Fry Bok Choy Steamed Rice Fruit
3/11/14	3/13/14	3/14/14
Roasted Chicken Bitter Melon with Beef Green Beans Steamed Rice Cantaloupe	Beef Stew Shredded Chicken with Tomato and Green Peppers Cauliflower Steamed Rice Ice Cream	BBQ Spare Ribs Beef with Rice Noodles Stir Fry Cabbage Steamed Rice Fig Newton Cookies
03/18/14	03/20/14	03/21/14
St. Patrick's Day Celebration Corned Beef with Cabbage Chinese Vermicelli with Nappa Stir Fry Asparagus Steamed Rice Fruit	Baked Ham Braised Tofu Stir Fry Broccoli Steamed Rice Applesauce	Soy Sauce Chicken Winter Melon with Dried Shrimp Bok Choy Steamed Rice Apple Pie
03/25/14	03/27/14	03/28/14
Pan Fried Fish Chinese Turnips with Oyster Sauce Stir Fry Eggplant Steamed Rice Fruit Cup	BBQ Pork Beef with Tomato and Green Peppers Stir Fry Romaine Lettuce Steamed Rice Oatmeal Raisin Cookie	Restaurant Outing
8/27/13	8/29/13	8/30/13
	SUGGESTED DONATION \$2.50 PER MEAL	